



**Art and Mindfulness with Dalila Paola Mendez**

**August 2 @ 6:30 pm - 7:30 pm**

**Wednesday August 2, 2023 6:30pm to 7:30pm at the El Segundo Public Library**

Come and hear BELONGING artist Dalila Paola Mendez speak about the works she is showcasing at ESMoA and The Library. After a lively artistic discussion, Dalila will lead a mindfulness workshop for attendees.

Admission: FREE