

El Segundo Public Library presents

Falls Prevention

Staying Safe & Independent

with Fall Prevention Educator Ines Bryan.



Tuesday, May 23
11:00am - 12:00pm

In the Library's Sue Carter
Community Room.

Join Fall Prevention Educator Ines Bryan as she shares valuable information about Falls Prevention and Staying Safe and Independent. In her presentation, participants will take a personal risk assessment, and learn how to live independently with fewer fall risks.

Questions? Please call the Reference Desk at 310-524-2728.

ESPL

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